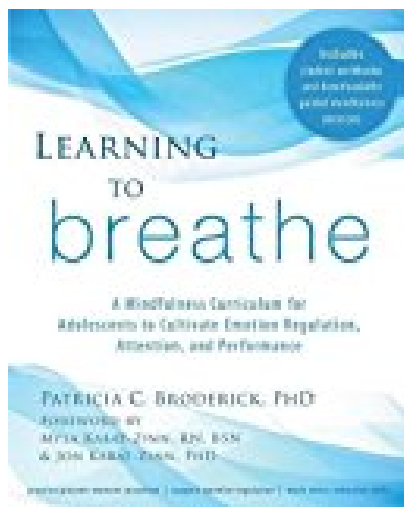


Learning to Breathe A Mindfulness Curriculum for Adolescents to Cultivate Emotion Regulation Attention and Performance



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