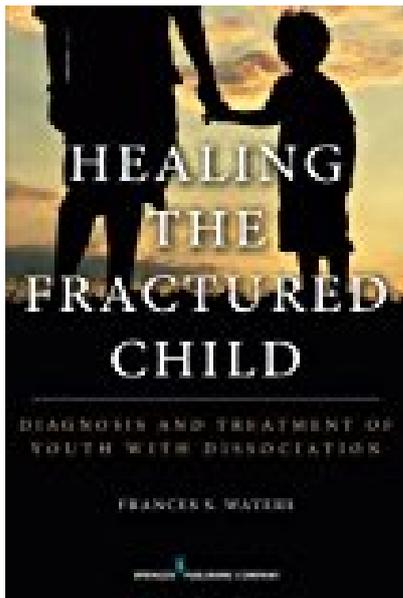


# Healing the Fractured Child

## Diagnosis and Treatment of Youth With Dissociation

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### BOOK DETAILS

- Author : Frances S. Waters DCSW  
LMSW LMFT
- Pages : 516 Pages
- Publisher : Springer Publishing  
Company
- Language : English
- ISBN : 0826199631

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## BOOK SYNOPSIS

"Anyone who works with troubled children and their families should not miss this book. Healing the Fractured Child weaves together comprehensive theory and neurobiology that substantiate practical treatment guidelines for children and their families. The complexity of symptoms, diagnoses, assessment, use of medication, and a variety of innovative treatment approaches for stabilization, trauma processing and integration are explored and come to life through the clear, practical and touching clinical illustrations peppered throughout the book. Fran Waters has drawn on her vast clinical experience and thorough knowledge of current perspectives on dissociation and child therapy to write an integrative, readable, and immensely useful masterpiece, a gift to the field of child psychology and psychotherapy and to the many therapists, children and parents who will benefit from her wisdom." --Pat Ogden PhD, Founder, Sensorimotor Psychotherapy Institute; Author, Sensorimotor Psychotherapy Interventions for Trauma and Attachment "A skillfully written, comprehensive and remarkable volume. Well-grounded in theory and full of rich, practical applications and detailed case examples. Waters outstanding work will expand clinicians capacity to understand and assess dissociation as well as to effectively accompany children in their healing journeys. An essential resource for therapists of all orientations working with trauma and dissociation." Ana M. Gúmez, MC, LPC, Author of EMDR Therapy and Adjunct Approaches with Children: Complex Trauma, Attachment and Dissociation "Healing the Fractured Child" provides an invaluable source of information for all professionals and non-professionals interested in childhood dissociation. Based on her many years of experience in this field, Waters takes us from an explanation of dissociation and related theories to the behaviors which may be noticed by a parent, teacher or doctor, through the assessment quagmire and the challenges of parenting, to the important work of emotional regulation and the identification of self-states, bringing in consideration of where medication can or cannot assist and describing the hard work of trauma processing, to integration, possible relapse, and back again to even stronger internal integration. The intricately described clinical examples provide a plethora of ideas for working with these children and offer readers the encouragement and hope so important for working with children who experienced trauma. Sandra Wieland, Ph.D., R.Psych. Illuminates the most promising treatments available for dissociative children Written by one of the nations leading practitioners in the field of childhood trauma, abuse, and dissociation, this comprehensive resource fills a void in the literature to provide in-depth knowledge of current interventions for treating dissociation in youth. It describes a detailed, careful assessment process and creative, evidence-supported techniques for helping children and their families to heal from chaotic, traumatizing experiences. With both a theoretical and practical focus, the book offers proven strategies for successfully treating children and adolescents with varying degrees of dissociation and co-morbid symptoms. It also integrates adjunct therapies in environments beyond those of traditional psychotherapy, such as school, and describes how their strategies can be used effectively to augment therapy and understand dissociative children. Based on a model integrating five prominent therapeutic modalities, and underscoring the importance of attachment style, the book focuses on the neurobiology of trauma, a high co-morbidity of symptoms, specialized clinical interventions, psychopharmacology, and family intervention techniques. Also addressed are adjunct therapies in art, and EMDR. In addition, the book provides a window into the effects of traumatic events such as medical illness that may be overlooked, and safe techniques with dissociative youth who are exhibiting dangerous behaviors. Rich clinical examples demonstrate the various phases of treatment and offer a window into the internal world of dissociative children. This resource provides mental health clinicians, and other health professionals with a wealth of tools to effectively treat this troubled client population. Key Features: Describes theoretical conceptualization and specialized integrative techniques to treat dissociative children effectively Integrates psychotherapy with EMDR, art therapy, neurobiology and psychopharmacology Distills current research on neurobiology of trauma and how to intervene with specially designed treatment strategies Provides in-depth knowledge of the latest creative interventions for treatment across degrees and ages of dissociation, and co-morbid symptoms Sensitizes the therapist to often overlooked traumatic events, e.g. medical illness, that can exacerbate symptoms

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