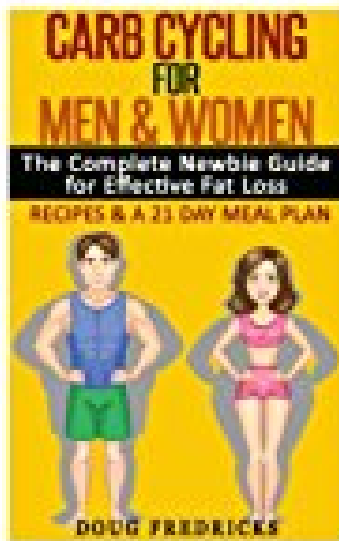


Carb Cycling for Men & Women The Complete Newbie Guide for Effective Fat Loss - Including Recipes & A 21 Day Meal Plan



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